City of Campbell
Recreation & Community Services Dept.
1 W. Campbell Ave. # C-31
Campbell, CA 95008 (408) 866-2104

RECREATION FLEX PASS 18+

The Recreation Flex Pass may be used for an assortment of the 18+ Adult Fitness Classes. This pass allows you the flexibility to participate in a variety of classes without having to register for a full session. The Recreation Flex Pass does not expire and is good for the classes listed below only (this is a separate pass from the Adult Center 50+ Flex Pass). Participation in each class will be on a space available basis.

8 class-pass $80

PARTICIPATING CLASSES:

Boot Camp	**M/W**	**7:05 - 8:05 pm**	**Weight Room**
Boot Camp	**T/Th**	**6:00 - 7:00 pm**	**Rm Q-80**
Pilates	**M/W**	**6:00 - 7:00 pm**	**Rm E-42**
Power Pilates & Core	**Sa**	**9:00 - 10:00 AM**	**Rm M-50**
Restorative Pilates	**T/Th**	**6:00 - 7:00 pm**	**Rm E-42**
Spinning	**T/Th**	**6:00 – 7:00 AM**	**Fitness Ctr/Spin Rm**
Spinning	**M/W**	**6:00 - 7:00 pm**	**Fitness Ctr/Spin Rm**
Spinning	**T/Th**	**7:15 - 8:00 pm**	**Fitness Ctr/Spin Rm**
Spin Mix	**M/W**	**8:15 - 9:15 pm**	**Wt Room/Spin Rm**
Spin Mix	**T/Th**	**6:00 – 7:00 pm**	**Fitness Ctr/Spin Rm**
Yoga for Life	**M**	**6:00 – 7:15 pm**	**Rm Q-84**
Flow Yoga	**W**	**6:00 – 7:15 pm**	**Rm C-35**
Flow Yoga	**Sa**	**9:00 – 10:15 AM**	**Rm E-42**
***Competitive Swim**	**Tu/Th/Sat**	**6:00 – 7:30 AM**	**Pool**

When using your Rec Flex Pass please plan to arrive a few minutes early and check in at the Weight Room *before* going to your class. *Competitive Swim participants need to check in with the Swim Coach.

Please note: Participation in each class will be on a space available basis.

For questions: Jennifer Correia, 408-866-2768, jenniferc@cityofcampbell.com